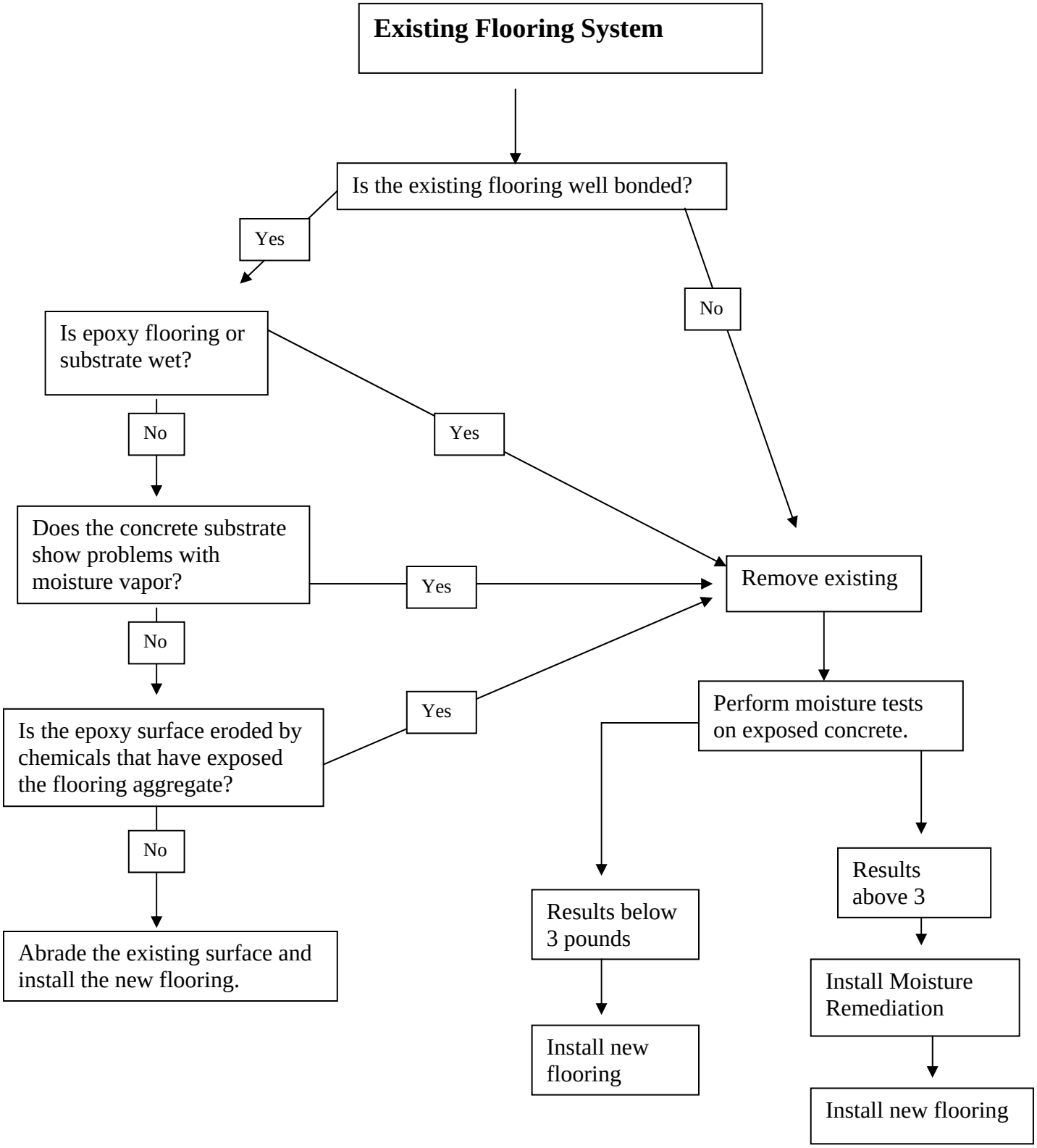Table 1: Recommendations for installing over existing flooring systems.